

PROVINCIAL RESOURCES

Métis Women of British Columbia (MWBC)

Location: British Columbia

Website: <https://www.facebook.com/groups/MetisWomenBC>

Métis

Overview: This group is intended to be an online gathering place where the organization, Métis Women British Columbia, a governance arm of the Métis Nation British Columbia, can interact with our members, share ideas, and share information.

BC Association of Aboriginal Friendship Centres

National Association of Friendship Centres

Location: Victoria, BC

Phone: 250-388-5522

- Not connected to a particular First Nation
- **Mission:** BC Friendship Centres work to promote, develop and deliver accessible programs and services that support Indigenous peoples living in urban areas and away from home to achieve their vision of health, wellness and prosperity.
- **Overview:** The BCAAFC is the umbrella organization for the Friendship Centres

REGIONAL RESOURCES

13 Cedar Robes

Pacific Association of First Nations Women

Location: Vancouver, BC

Email: info@pafnw.ca

Phone: 604-872-1849

Website: <https://pafnw.wordpress.com/13-cedar-robres/>

Languages: Cree & Ojibway

Mission: To promote our cultural legacy in a positive, empowering way to inspire young women in our community to explore their heritage, celebrate our strengths and to create an opportunity to recreate matriarchal traditions in an Urban setting. The

inspiration came when Glida Morgan wore her Cedar Robe to present at the World Indigenous Women's Conference.

Overview: Sharon Jinkerson-Brass observed the positive and empowering response to Glida when she wore her robe at the conference. On the journey back to Vancouver, a vision unfolded between Sharon and Glida to create 13 Cedar robes, one to honor each new moon in the lunar year. The media narrative around Indigenous Women is about our exploitation and struggles in an unequal world. There is no balance in this view because we are also keepers of powerful spiritual medicines and come from a legacy of many courageous and powerful Matriarchal leaders. This project represented an opportunity to focus on our strengths as women and as a community.

Topics covered:

- Honouring First Nations women through this creative practice and the symbolic meaning behind materials employed, through intergenerational sharing, traditional technology and through Turtle Island Oneness Wolf Sister (robes often include wolf fur to honour Matriarchal clan system)
- Weaving goals: Reconciliation, Reciprocity, Resilience, Sustainability, Inclusiveness, Values, Honouring, Accessibility

Founded in 2012

Aboriginal Mother Centre Society (AMCS)

Location: Vancouver, BC

Email: info@aboriginalmothercentre.ca

Phone: 604-558-2627

Website: <https://www.aboriginalmothercentre.ca/>

Not connected to a particular First Nation

Mission: "Under One Roof," AMCS provides housing for Aboriginal mothers and their children who are homeless, at risk of homelessness, or that have had, or are at risk of having their children apprehended.

Overview: The Aboriginal Mother Centre, dedicated to moving mothers and children at risk off the streets provides, under one roof, all the support, tools and resources a mother needs to rebuild her health, self esteem and skills to regain and retain her child. The centre, grounded in a grass roots setting, creates a healing community to nurture children and families to become vital members of their communities.

Topics covered: Transformational Housing Program, Licensed Daycare Program, Family Wellness Programs, Community Kitchen Program

Founded in 2022

Deborah's Gate

Location: Vancouver, BC

24/7 Phonenumber: [604-915-5678](tel:604-915-5678)

Toll-Free: [1-855-332-4283](tel:1-855-332-4283)

Email: info@deborahsgate.ca

Website: <https://www.deborahsgate.ca/about/>

Not connected to a particular First Nation

Overview: Deborah's Gate is a national, specialized program of care serving international and domestic women age 18 and up who have been trafficked into situations of sexual and/or labour exploitation, and are in need of protective and restorative housing and healing*. Deborah's Gate is located in a confidential and secure location providing maximum security measures for those facing high level safety risks. Since inception, hundreds of survivors of human trafficking have accessed rehabilitation and healing through Deborah's Gate.

Topics Covered: Deborah's Gate offers wrap around, customized support for each individual. Internal supports and programming include but are not limited to personal goal development & 24 hour staff support, specialized counselling, cooking classes, nutritious meals, art therapy, gardening, yoga, ESL tutoring, life skills development, weekly and monthly group activities, and multi-faith chaplaincy.

Downtown East Side Women's Centre

Location: Vancouver, BC

Email: admin@dewc.ca

Phone: 604-681-8480

Website: <https://dewc.ca>

Not connected to a particular First Nation

Mission: "The mission of the Downtown Eastside Women's Centre is to provide a safe, non-judgmental environment for women from all walks of life, who live and/or work in the Downtown Eastside. To achieve this goal, the Centre provides supportive

surroundings with meals, counseling, advocacy and programs which nurture and empower members.”

Topics covered: Meals program, Housing outreach, Indigenous Women’s project, Victim’s service, Cultural programming

Founded in 2019

Other Information: On April 3, 2019, The Downtown Eastside Women’s Centre (DEWC) released *Red Women Rising: Indigenous Women Survivors in Vancouver’s Downtown Eastside* based on the lived experience, leadership, and expertise of Indigenous survivors. This comprehensive report is the culmination of a participatory process with 113 Indigenous women and 15 non-Indigenous women regarding the National Inquiry into Missing and Murdered Indigenous Women and Girls.

Hiye’yu LeLum Friendship Society

Affiliated with BC Association of Aboriginal Friendship Centres (vancouver island)

Location: Duncan, BC

Phone: (250) 748-2242

Website: <https://www.hofduncan.org/>

Not connected to a particular First Nation

Overview: Promoting Wellness and Unity the Hiye'yu Lelum addresses the needs and aspirations of Aboriginal people by providing holistic programs and services.

Topics Covered: Addiction Services, Cowichan Community Kitchens, Cultural development, Employment & Training, Counselling Services, Families growing together

Pacific Association of First Nations Women (PAFNW)

Location: Vancouver, BC

Email: info@pafnw.ca

Phone: 604-872-1849

Website: <https://pafnw.wordpress.com>

Languages: Cree & Ojibway

Mission: “To bring our vision into reality, we advocate for systems change and provide Indigenous, culturally safe learning and offer holistic supports to uplift Indigenous women and strengthen families.”

Overview: PAFNW

- Promotes communication between First Nations women, women's groups, and all levels of government within B.C. Provide a support network for First Nations Women (holistic, social, spiritual, psychological, educational)
- Researches/advocates civic and social welfare for First Nations women in B.C.
- Provides health services
- Shares Indigenous culture
- Supports First Nations women and youth
- Distributes and establishes a scholarship fund for indigenous women

Topics covered: One-to-One Counselling and Supporting families of MMIWG, Educational support, Drum circle, Elder support, Home Care Services, Languages, Art Program, Mentoring

Port Alberni Friendship Centre

Affiliated with BC Association of Aboriginal Friendship Centres (vancouver island)

Location: Port Alberni, BC

Phone: (250) 723-8281

Website: <https://www.pafriendshipcenter.com/about/>

Not connected to a particular First Nation

Mission: To offer programs and activities that will enhance the lives, relationships and cooperation and understanding of all peoples in contact with the Port Alberni Friendship Center.

Overview: The Friendship Center has a gymnasium/hall complete with a kitchen, a family room with TV, and a board room which seats up to 20. The Center also has a number of offices, a reception area, and a waiting area. Center staff work collaboratively with other agencies to deliver our programs.

Topics covered: Family support program, Addictions and Mental Health Counseling, Brighter Futures parenting program, Early childhood development, Early Years program, Elders Program, Family Law Advocacy Program, Family Support Program, Outreach Legal Advocate, Training for Employment, Youth Drop-in Program

Sacred Wolf Friendship Centre

Affiliated with BC Association of Aboriginal Friendship Centres (vancouver island)

Location: Port Hardy, BC

Phone: (250) 902-0552

Email: elstswfc@telus.net

Not connected to a particular First Nation

Overview: The Sacred Wolf Friendship Centre provides support services to aboriginal people in the North Island.

Tillicum Lelum Aboriginal Friendship Centre

Affiliated with BC Association of Aboriginal Friendship Centres (vancouver island)

Location: Nanaimo, BC

Phone: (250) 753-4417

Website: <https://tillicumlelum.ca/>

Not connected to a particular First Nation

Mission: Tillicum Lelum Aboriginal Friendship Centre promotes justice, fairness and equality for Aboriginal people through a holistic approach to programming and services. Our philosophy is one that encompasses all people in the community who request our assistance

Overview: Within a network of 117 Friendship Centres across Canada, Tillicum Lelum has a Federal Government mandate to provide essential services to the urban (off-reserve) Aboriginal population of Nanaimo and the Regional District. Tillicum Lelum Aboriginal Friendship Centre strives to improve the quality of life for Aboriginal people living in an urban environment. Our Friendship Centre uses Aboriginal teachings as a guideline in our work as Helpers.

Topics Covered:

- Aboriginal Hospital Liaison Program
- Aboriginal Youth and Leadership Training Program/Youth Employment Counsellor
- Adult Basic Education Level Two & Three
- After School Program
- Building Better Babies Program

- Career and Employment Training Program
- Children's Wellness Program
- Child and Youth Therapist
- Christmas Hamper Fund
- Community Health Nursing
- Creating Healthy Families Program
- Cross Cultural Training Workshops
- Early Language and Literacy Program
- Family Connections Program
- Family Support and Social Worker Program
- Family Wellness Camp
- Friendship Lelum – Aboriginal Youth Safe House
- Into the Circle- HIV/AIDS & STD Support Program
- Island Treasure Box Early Literacy Program
- Men's Wellness Program
- Neutral Zone – Aboriginal Youth Drop-In Centre
- Prison Liaison Worker Program
- Qeq Camp
- Qeq College Program
- Summer Camp Program
- Supervised Visits Program
- Salish Lelum Youth & Elders Housing
- Urban Partnerships Program
- Walking With the Elders Program
- Young Aboriginal Mother's Transitional Housing

Vancouver Aboriginal Friendship Centre Society

Affiliated with BC Association of Aboriginal Friendship Centres

Location: Vancouver, BC

Phone: 604-251-4844

Fax: 604-251-1986

E-mail: info@vafcs.org

Website: www.vafcs.org

Not connected to a particular First Nation

Mission: "To provide practical tools for accomplishing our visionary ends through socio economic programs and services that empowers self reliance; responsibility; success and prosperity, for all urban Aboriginal individuals, family and community."

Overview: The Vancouver Aboriginal Friendship Centre Society (VAFCS) was registered in 1963 under the British Columbia Act as a non profit organization.

Topics covered:

- Youth enrichment program: Monday-Friday 3-6 pm
- Pow Wow Dancing: Mondays 6-8pm
- Junior Boys All Native Basketball
- Junior Girls All Native Basketball
- Adult drop in Soccer: Thurs 8-10pm & Sun 2-5pm
- Metis Night: Wed 5:30-7:30pm
- Pow Wow Family Night: Tuesday 7-10pm
- West Coast Family Night: Wednesday 7-10pm
- Duke of Edinburgh Program: Wed 6-8pm

Victoria Native Friendship Centre

Affiliated with BC Association of Aboriginal Friendship Centres

Location: Victoria, BC

Phone: (250) 384-3211

Email: reception@vnfc.ca

Website: <https://www.vnfc.ca/home>

Not connected to a particular First Nation

Mission: To encourage and promote the well-being of Urban Aboriginal People, by strengthening individuals, family and community.

Overview: Dedicated to improving the quality of life for Indigenous people in the Greater Victoria area, the Victoria Native Friendship Centre (VNFC) began as a meeting place in the city—providing limited referral services to community members. The Friendship Centre opened its doors in April 1970

Topics Covered: Aboriginal Childhood Intervention Services (ACIS), Awakening The Warrior Within, Career, Employment and Education Resources, Elders, Family Services, Health Services, ECD/Slaheena & Indigenous Parenting, Youth Department, Wellness Clinic, XaXe STELITKEL Childcare Centre, Precious and Sacred

Wachiay Friendship Centre Society

Affiliated with BC Association of Aboriginal Friendship Centres (vancouver island)

Location: Courtenay, BC

Phone: (250) 338-7793

Email: info@wachiay.com

Website: <https://www.wachiay.org/>

Not connected to a particular First Nation

Mission: A place for Indigenous and non-Indigenous people to come together, to share traditions and to learn from one another. Wachiay is here to provide vital support and services to the peoples of the Comox Valley

Overview: The Wachiay Friendship Centre is a non-profit society whose mandate is to provide services and supports to the urban Aboriginal population in the Comox Valley Regional District. Wachiay is an inclusive organization, and our programming is open to people of all ethnicities.

Topics Covered: Helping Hands Food Bank, Sister Mary's Emergency Funding, Tents, sleeping bags and tarps, Phone and computer access, Mail Pickup

LIST OF INDIGENOUS CHURCHES

Alert Bay, BC
Glad Tidings Church
Box 316 VON 1A0
250-974-8585

Heriot Bay, BC
Cape Mudge United Church
Box 442 VOP 1H0
250-285-3163

Nanaimo
Nanaimo Victory Chapel
471 Irwin Street V9R 4X9
250-754-7866
<https://www.facebook.com/nanaimonativevictory>

VANCOUVER & VANCOUVER ISLAND RESOURCE GUIDE

MMIWG2S/ MAY 2022

Port Hardy

New Life Assembly
Box 196 V0N 2P0

Vancouver

Longhouse Council of Native Ministry
2595 Franklin St. V5K 1X5
604-254-4531

Vancouver Native Pentecostal Church

304 E 26 Ave V5V 2H5
604 876 4166
<http://vnpc.ca>
<https://www.facebook.com/VanNativeChurch/>