

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

PROVINCIAL RESOURCES:

Ontario Federation of Indigenous Friendship Centres

Location: Ontario

Email: ofifc@ofifc.org

Phone: Toronto - 416-956-7575 / 1-800-772-9291

Website: <https://ofifc.org/>

Not connected to a particular First Nation

Overview: The Friendship Centre Movement (FCM) is the country's most significant urban Indigenous service delivery infrastructure. Friendship Centres are not-for-profit and charity corporations that are mandated to serve the needs of urban Indigenous people by providing culturally appropriate services in urban communities. Friendship Centres are governed by a volunteer Board of Directors consisting of elected members. They are membership driven organizations in urban communities that serve all urban Indigenous people, regardless of status.

Topics covered: Program Development, Children & Youth, Education & Employment, Ending Violence, Health & Wellness, Homelessness & Housing, Justice, Urban Programming for Indigenous People

Founded in 1971.

Ontario Native Women's Association (ONWA)

Location: Ontario

Phone: 1-800-667-0816

Website: <https://www.onwa.ca>

Not connected to a particular First Nation

Mission: ONWA's guiding principle is that all Indigenous ancestry will be treated with dignity, respect and equality; benefits and services will be extended to all, no matter where one lives and regardless of Tribal heritage.

Overview: ONWA supports all Indigenous women and their families in the province of Ontario through research, advocacy, policy development and programs that focus on

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

local, regional and provincial activities. ONWA is committed to providing services that strengthen communities and guarantee the preservation of Indigenous culture, identity, art, language and heritage. Ending violence against Indigenous women and their families and ensuring equal access to justice, education, health services, environmental stewardship and economic development, sit at the cornerstone of the organization. ONWA celebrates and honours the safety and healing of Indigenous Women and Girls as they take up their leadership roles in the family, community and internationally for generations to come.

Topics covered:

- Breaking Free from Family Violence
- Missing & Murdered Indigenous Women & girls
- Indigenous Anti-Human Trafficking
- Education
- Variety of Cultural Teaching

Founded in 1971

Other information: Ontario Native Women's Association (ONWA) provides its services through The Native Women's Resource Centre of Toronto (NWRCT) in Toronto. The website is filled with lots of educational information, magazine subscription, and local chapter site information.

Talk4Healing

Location: Ontario

Phone | 1-855-554-4325

Website: <https://www.talk4healing.com>

Not connected to a particular First Nation

Mission: A pathway to healing, acceptance and support.

Overview: Talk4Healing is a culturally grounded, fully confidential helpline for Indigenous women available in 14 languages all across Ontario.

Topics covered:

- Culturally sensitive crisis counselling, advice and support
- Personalized information and referrals
- Acceptance of Aboriginal women's issues in a non-judgmental way

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

- Help to find the path to personal healing
- Scheduled telephone counselling sessions

REGIONAL RESOURCES

Elora House

Location: Elora, ON

Email: welcome@ercf.ca

Phone: 519-821-0424

Website: <https://www.ercf.ca/elora-house>

Overview: The project's immediate focus is to provide a safe-haven in Guelph/Wellington County for girls and women exploited by sex trafficking. Elora House will provide immediate lodging, food and clothing and will help connect them with community partners for all areas of counselling and support.

Fort Erie Native Friendship Centre

Affiliated with Ontario Federation of Indigenous Friendship Centres

Location: Fort Erie, ON

Phone: (905) 871-8931

Email: Connecting@fenfc.org

Website: <https://www.fenfc.org/>

Mission: "To Enhance all Aspects of Native Life While Extending Friendship to the Community"

Topics covered:

Programs For Infants

- Aboriginal Healthy Babies Healthy Children
- Canadian Prenatal Nutrition program
- Aboriginal Family Support
- EarlyON & Tshikeksa (When I Was a Child) Resource Room
- Under the Rainbow Childcare Centre

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

Programs For Toddlers

- Aboriginal Headstart
- Aboriginal Healthy Babies Healthy Children
- Canadian Prenatal Nutrition program
- Aboriginal Family Support
- EarlyON & Tshikeksa (When I Was a Child) Resource Room
- Under the Rainbow Childcare Centre

Programs For Children

- Akwe:go (All of us)
- Aboriginal Headstart
- Aboriginal Healthy Babies Healthy Children
- Canadian Prenatal Nutrition program
- Aboriginal Family Support
- EarlyON & Tshikeksa (When I Was a Child) Resource Room
- Under the Rainbow Childcare Centre

Programs For Youth

- Education - Courage to Soar
- Language- SGRTF Language Program
- Youth Services- Youth Navigator & Wasa-Nabin (Looking ahead)
- Employment- Apatisiwin Employment Unit & Grand River Employment and Training
- Healthy Lifestyle
 - Indigenous Court Worker
 - Urban Aboriginal Healthy Living Program
 - Cultural Resource Coordinator
 - Aboriginal Alcohol and Drug Worker
 - Mental Health Wellness

Programs For Adults

- Education- Katkwenyes Program, Courage to Soar, Academic Upgrading Program (A.C.E)
- Language- SGRTF Language Program

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

- Employment- Apatisiwin Employment Unit, Grand River Employment and Training
- Healthy Lifestyle
 - Indigenous Criminal Court Work Program
 - Urban Aboriginal Healthy Living Program
 - Cultural Resource Coordinator
 - Aboriginal Alcohol and Drug Worker
 - Mental Health Wellness

Programs For Parents

- Education- Katkwenyes Program, Courage to Soar, Academic Upgrading Program (A.C.E)
- Language- SGRTF Language Program
- Employment- Apatisiwin Employment Unit & Grand River Employment and Training
- Healthy Lifestyle
 - Indigenous Criminal Court Work Program
 - Urban Aboriginal Healthy Living Program
 - Cultural Resource Coordinator
 - Aboriginal Alcohol and Drug Worker
 - Mental Health Wellness
 - Life Long Care
 - Health Outreach
 - Kizhaay Anishnaabe Niin Program
- Family Support
 - Aboriginal Headstart
 - Under the Rainbow Childcare Centre
 - Aboriginal Family Support
 - EarlyON & Tshikeksa (When I Was a Child) Resource Room
 - Canadian Prenatal Nutrition Program
 - Aboriginal Healthy Babies Healthy Children
 - Akwe:go (All of us)

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

Programs For Grandparents

- Education- Katkwenyes Program, Courage to Soar & Academic Upgrading Program (A.C.E)
- Language- SGRTF Language Program
- Youth Services- Youth Navigator
- Employment
- Apatisiwin Employment Unit- Grand River Employment and Training
- Healthy Lifestyle
 - Indigenous Criminal Court Work Program
 - Urban Aboriginal Healthy Living Program
 - Cultural Resource Coordinator
 - Mental Health Wellness
 - Life Long Care
 - Health Outreach
- Family Support- Aboriginal Healthy Babies Healthy Children & Aboriginal Family Support

Programs For Elders

- Education - Katkwenyes Program, Courage to Soar, Academic Upgrading Program (A.C.E)
- Language- SGRTF Language Program
- Youth Services- Youth Navigator, YES Program
- Employment- Apatisiwin Employment Unit, Grand River Employment and Training
- Healthy Lifestyle
 - Indigenous Criminal Court Work Program
 - Urban Aboriginal Healthy Living Program
 - Cultural Resource Coordinator
 - Aboriginal Alcohol and Drug Worker
 - Kizhaay Anishnaabe Niin Program
 - Mental Health Wellness
 - Life Long Care
 - Health Outreach
- Family Support
 - Aboriginal Healthy Babies Healthy Children

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

- Canadian Prenatal Nutrition Program
- Aboriginal Family Support
- Akwe:go (All of us)
- EarlyON & Tshikeksa (When I Was a Child) Resource Room
- Under the Rainbow Childcare Centre
- Aboriginal Headstart

Hamilton Regional Indian Centre

Affiliated with Ontario Federation of Indigenous Friendship Centres

Location: Hamilton, ON

Phone: (905) 548-9593

Email adavis@hric.ca

Website: <http://hric.ca/>

Mission: To provide the Urban Aboriginal People with the tools to achieve a balanced wholistic lifestyle

Topics covered:

- Aboriginal Alternative Secondary School Program (ASSP)
- Strengthening Hamilton Aboriginal Education (SHAE)
- Aboriginal Alcohol/Drug Program
- Aboriginal Criminal/Family Courtwork Program
- Aboriginal Family Support Program
- Aboriginal Healing & Wellness Program
- Aboriginal Healthy Babies/Healthy Children Program
- Aboriginal Prenatal/Nutrition Program
- Akwe:go Program
- Apatisiwin Program
- Fetal Alcohol Spectrum Disorder (FASD) and Nutrition Program
- GREAT Program
- Indigenous Youth Wellness Program
- Kizhaay Anishinaabe Niin (I am a kind man)
- Life Long Care Program
- Literacy Basic Skills – Native Learning Centre
- Right to Play

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

- Urban Aboriginal Healthy Living Program
- Wasa Nabin
- Youth Capacity Developer
- Youth in Transition
- Youth Outreach Worker

Native Women's Centre

Location: Hamilton, Ontario

Phone: General number 1-888-308-6559

Website: <http://www.nativewomenscentre.com/>

Not connected to a particular First Nation

Mission: To provide assistance to Indigenous families in the Hamilton area by identifying their needs, advocating on their behalf and establishing programs and services to meet their needs.

Overview: The Native Women's Centre was founded in 1976 by the Hamilton-Wentworth Chapter of Native Women Incorporated. It is a chapter of the [Ontario Native Women's Association](#) (ONWA) and satellite location for the (Native) Healthy Babies Healthy Children Program delivered by the Ontario Native Women's Association. It exists to provide safe, emergency shelter for all women regardless of age, ancestry, culture, place of origin, sexual orientation, with or without children who are experiencing crisis in their lives due to family violence, homelessness or conflict with the law.

Topics covered: Woman abuse education program, Indigenous community counselling, Housing support program, Anti-human trafficking crisis services and resources, Emergency outreach program, Healthy babies healthy children program

Founded in 1976

Niagara Chapter – Native Women Inc.

Location: Niagara, Ontario

Phone number: 905-871-8770

Website: <http://ncnw.net/>

Not connected to a particular First Nation

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

Short overview of program/ organization: Niagara Chapter – Native Women Inc. is an autonomous provincial Chapter of the Ontario Native Women’s Association, which is affiliated with the Native Women’s Association of Canada. The NCNW encourages Native/Indigenous Women to become active participants in society while remembering and honouring their unique cultural and spiritual beliefs. It is here to offer a friendly connecting place and to support Native/Indigenous women and their families through access to culturally relevant services and programs. Current initiatives include a strong interface with education, justice, health, and child welfare issues from infancy to beyond middle age. It is built on the dedication of our members and volunteers.

Topics covered: Indigenous anti-human trafficking liaison, Indigenous women’s health program, Indigenous women’s housing support program, Family wellbeing program

Founded in 1984

Niagara Regional Native Centre

Affiliated with Ontario Federation of Indigenous Friendship Centres

Location: Niagara-on-the-Lake, ON

Phone: (905) 688-6484

Website: <https://nrnc.ca/>

Mission: To promote awareness of the culture of Aboriginal peoples within the community in an effort to establish a relationship of mutual understanding and respect between the Aboriginal peoples and the other members of the community.

To advance, foster, encourage and promote the cultural and social interests of Aboriginal peoples, both collectively and individually.

To organize projects and carry out programs to alleviate and minimize, wherever possible, adverse social and economic conditions encountered by Aboriginal people in order to effect a general improvement in their overall welfare and well-being.

To promote native leadership in the native community.

Topics covered:

- **Supportive Transitional Housing:**
 - Abbey House Transitional Home
 - Urban Indigenous Homeward Bound
- **Family and Health Programs:**

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

- Aboriginal Healthy Babies/Healthy Children -Ages 0-6
- Canada Prenatal Nutrition Program (CPNP) Age 0-1
- Community Action Program for Children (CAP-C)
- Akwe:go - Urban Native Children -Ages 7-12
- Children's Mental Health Program -Ages 7-15
- Wasa-Nabin -Ages 13-18
- Ganigohi:yo (The Good Mind) -Ages 7-17
- Urban Aboriginal Healthy Living Kids -Ages 6-16
- Aboriginal Healing and Wellness
- Kizhaay Anishinaabe Niin (I Am A Kind Man)
- Aboriginal Health Outreach
- Urban Aboriginal Healthy Living
- Life Long Care (LLCP)
- **Education to Employment**
 - Soaring Eagles Alternative Secondary School Program -Ages 14-21 (Grades 9-12)
 - Literacy and Basic Skills -Ages 18+
 - Apatisiwin
- **Justice-** Indigenous Community Justice Program -Ages 12+

Restorations

Location: Burlington, ON

Phone: (905) 962-REST(7378)

Website: <https://www.restorationscanada.org>

Mission: Restorations exists to support Survivors of sexual exploitation and trafficking by providing long term residential housing, survivor-led peer programming and holistic care.

Overview: Restorations grew out of the unified passion of a small group of individuals, to see a solution to the gap of long-term services to victims of commercial sexual exploitation in Canada.

Topics covered:

- Survivor-Led Peer Programming
- Nancy's House- Transitional Second Stage Housing

GOLDEN HORSESHOE- HAMILTON/ NIAGARA FALLS, ON RESOURCE GUIDE

MMIWG2S/ MAY 2022

Sisters in Spirit - Hamilton

Location: Hamilton, Ontario

Email: sistersinspirit@yahoo.ca

Website: <https://www.facebook.com/pg/sistersinspirit1/posts/>

Not connected to a particular First Nation

Mission: Supporting and encouraging the on-going education of the public to the plight of murdered and missing Aboriginal women, girls, & trans people across Canada

Overview: In 2004 The Native Women's Association of Canada (NWAC) launched the Sisters in Spirit Campaign to bring this shocking fact to the attention of Canadians. The Sisters in Spirit Action Committee, Hamilton was formed in April 2005 to support these initiatives. Current membership includes several dedicated people from the community as well as representatives from: Amnesty International Canada, De dwa da dehs nye>s Aboriginal Health Centre, Native Women's Centre, Hamilton Regional Indian Centre, Hamilton Community Legal Clinic, Hamilton Police Service, Correctional Service Canada, Ontario Aboriginal HIV/AIDS Strategy, and SACHA – Sexual Assault Centre (Hamilton & Area).

Topics covered: Draw public attention and education to the pervasive problem of violence against Aboriginal women across Canada and Support any official inquiry, round table or commission that will assist the resolution of this crisis.

Founded in 2005