

PROVINCIAL RESOURCES:

Ontario Federation of Indigenous Friendship Centres

Location: Ontario

Email: ofifc@ofifc.org

Phone: Toronto - 416-956-7575 / 1-800-772-9291

Website: <https://ofifc.org/>

Not connected to a particular First Nation

Overview: The Friendship Centre Movement (FCM) is the country's most significant urban Indigenous service delivery infrastructure. Friendship Centres are not-for-profit and charity corporations that are mandated to serve the needs of urban Indigenous people by providing culturally appropriate services in urban communities. Friendship Centres are governed by a volunteer Board of Directors consisting of elected members. They are membership driven organizations in urban communities that serve all urban Indigenous people, regardless of status.

Topics covered: Program Development, Children & Youth, Education & Employment, Ending Violence, Health & Wellness, Homelessness & Housing, Justice, Urban Programming for Indigenous People

Founded in 1971.

Ontario Native Women's Association (ONWA)

Location: Ontario

Phone: 1-800-667-0816

Website: <https://www.onwa.ca>

Not connected to a particular First Nation

Mission: ONWA's guiding principle is that all Indigenous ancestry will be treated with dignity, respect and equality; benefits and services will be extended to all, no matter where one lives and regardless of Tribal heritage.

Overview: ONWA supports all Indigenous women and their families in the province of Ontario through research, advocacy, policy development and programs that focus on local, regional and provincial activities. ONWA is committed to providing services that

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strengthen communities and guarantee the preservation of Indigenous culture, identity, art, language and heritage. Ending violence against Indigenous women and their families and ensuring equal access to justice, education, health services, environmental stewardship and economic development, sit at the cornerstone of the organization. ONWA celebrates and honours the safety and healing of Indigenous Women and Girls as they take up their leadership roles in the family, community and internationally for generations to come.

Topics covered:

- Breaking Free from Family Violence
- Missing & Murdered Indigenous Women & girls
- Indigenous Anti-Human Trafficking
- Education
- Variety of Cultural Teaching

Founded in 1971

Other information: Ontario Native Women's Association (ONWA) provides its services through The Native Women's Resource Centre of Toronto (NWRCT) in Toronto. The website is filled with lots of educational information, magazine subscription, and local chapter site information.

Talk4Healing

Location: Ontario

Phone | 1-855-554-4325

Website: <https://www.talk4healing.com>

Not connected to a particular First Nation

Mission: A pathway to healing, acceptance and support.

Overview: Talk4Healing is a culturally grounded, fully confidential helpline for Indigenous women available in 14 languages all across Ontario.

Topics covered:

- Culturally sensitive crisis counselling, advice and support
- Personalized information and referrals
- Acceptance of Aboriginal women's issues in a non-judgmental way
- Help to find the path to personal healing
- Scheduled telephone counselling sessions

REGIONAL RESOURCES

Barrie Native Friendship Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Barrie, ON

Email: reception@bnfc.ca

Phone: 1-705-721-7689

Website: <https://www.barrienfc.ca>

Mission: The vision of the Barrie Native Friendship Centre is to improve the quality of life for all Indigenous / Métis people in the area, regardless of legal definition by providing a gathering place which promotes unity and wholistic healing within the community at large. This is accomplished through a network of culturally based programs, services, and teachings.

Programs:

- Children & Youth
- Education Employment
- Family
- Healing
- Health
- Justice

Georgian Bay Native Friendship Centre

Affiliation: Ontario Federation of Indigenous Friendship Centres

Location: Midland, ON

Phone: 1-705-526-5589

Email: gbnfc@gbnfc.com

Website: <https://www.gbnfc.com>

Mission: The Georgian Bay Native Friendship Centre (GBNFC) administers programs to the Georgian Bay region in areas such as health, family support, employment and training, education, children and youth initiatives as well as cultural awareness and activities.

The Friendship Centre is an organization whose values are built upon mutual respect, trust, open communication and teamwork between its employees, the organization and community.

The Georgian Bay Native Friendship Centre is committed to improving the quality of life for indigenous people living in an urban environment by supporting self-determination and encouraging equal access to and participation in society.

M'Wikwedong Native Cultural Resource Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Owen Sound, ON

Email: admin@mwikwedong.com

Phone: 519-371-1147

Website: <https://mwikwedong.com>

Overview: The M'Wikwedong Indigenous Friendship Centre officially opened its doors to the community in June 2001, and was incorporated in August of 2001 but had operated in a minor capacity since May 1988. It was driven by a grassroots initiative comprised of a core group of 50 Aboriginal community members from Owen Sound. The necessity for a Friendship Centre was the result of an assessment conducted in a focus group style format in 1995. The Centre was established to address the social, spiritual, mental and physical needs of the Urban Aboriginal population of Owen Sound and surrounding area by providing a safe environment for the Aboriginal peoples to participate in their community and to break down the cultural and systemic service barriers between local Aboriginal and Non-Aboriginal populations.

Programs:

- AKWE:go
- Apatisiwin Program
- Building Gender Diverse Communities
- Canada Prenatal Nutritional Program
- Community Action Program for Children
- Cultural Resource Coordinator Program
- EarlyOn Child and Family Centre
- Giive and the Indigenous Supportive Housing Program
- Indigenous Alcohol and Drug Worker
- Indigenous Children's Wellness Program
- Indigenous Criminal Court Worker
- Indigenous Healing and Wellness Strategy
- Life Long Care Program
- Urban Aboriginal Healthy Living
- Wasa-Nabin-Youth

Muskoka Indigenous Friendship Centre

Affiliation: Ontario Federation of Indigenous Friendship Centres

Location: Gravenhurst, ON

Email: Theresa Buker freestuff4dailyneeds@outlook.com

Website: <https://www.facebook.com/groups/260679171373082>

Overview: Connecting indigenous peoples in the Muskoka area

Founded in 2018

Orillia Native Women's Group

Location: Orillia, ON

Email: info-ONWG@rogers.com

Phone: 1-705-329-7755

Website: www.onwg.net

Mission: To encourage and empower the growth of Indigenous women

Overview: Orillia Native Women's Group (ONWG) strengthens and supports the wellbeing of Indigenous women and their families by creating a safe space for community to engage, connect, heal and preserve Indigenous knowledge, culture, and traditions.

Programs:

- Community Action Programs for Children
- Canada Prenatal and Nutrition Program
- Ambe Tigadaw: Let's grow together (Community Garden)
- Bringing Tradition Home: Strengthening families

Founded 2001

Parry Sound Friendship Centre

Location: Parry Sound, ON

Email: Delores McKay, Executive Director | dmckay@psfc.ca

Phone: 1-705-746-5970

Website: <http://psfc.ca>

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Mission: Friendship Centre's are not-for-profit corporations that are mandated to serve the needs of urban Indigenous people by providing culturally appropriate services in urban communities

Overview: We are here to support Aboriginal & Non-Aboriginal people. The Friendship Centre program is designed to improve the quality of life for Aboriginal people in an urban environment by supporting self-determined activities which encourage equal access to and participation in Canadian Society and which respects aboriginal cultural distinctiveness. Working in a Healthy holistic environment; collectedly and cooperatively to promote and deliver programs and activities to build healthier lifestyles, families, and communities.

Programs:

- Healing
- Health
- Children & Youth
- Justice

Founded in 1971

Wahta Mohawks

Location: Bala, ON

Email: info@wahtamohawks.com

Phone: 1-705-762-2354

Website: wahtamohawks.com

Mission: Resource for the Mohawk Nation

Overview: Provide resources and information for the Mohawk Nation

Other Information: Website contains lots of information about the Mohawk people and their history. They also have Mohawk Nation connected to The Wahta Mohawk United Church in Muskoka.

Other Info: See webpage for local events and calendar