

Innu Nation

Location: Sheshatshiu, NL

Email: Paula Reid, Innu Nation, preid@innu.ca/ Richard Nuna, Manager of Environmental Programs, rjnuna@innu.ca

Phone: 709-497-8398

Website: <http://www.innu.ca>

Overview: The Innu Nation's mandate is to speak as one voice to protect the interests of the Innu people and to oversee all its political and business affairs. The Innu Nation is involved in on-going land claim and self-governance negotiations with the Federal and provincial governments. As of 2006, the Innu of Labrador have been formally recognized under The Indian Act of Canada. The Innu Nation is also involved in the social and economic development and well-being of its community.

Labrador Friendship Centre

Location: Happy Valley-Goose Bay, NL

Email: Jennifer Elson, Executive Director [-jelson@lfchvgb.ca](mailto:jelson@lfchvgb.ca)

Phone: (709) 896-8302

Website: <http://www.lfchvgb.ca/home/>

Overview: The Labrador Friendship Centre will endeavour to provide the best possible services to enrich the lives of the Indigenous Peoples of Labrador through the provision and implementation of social, cultural, health, educational, employment, and developmental initiatives.

Topics Covered:

- Assisted Living Program- provides assistance to individuals who require level one and level two care who wish to live in an independent supported environment.
- Room rental
- Hostel & Cafeteria
- Aboriginal Family Centre- The Aboriginal Family Centre will promote social, cultural, educational, physical, emotional, and nutritional growth with Metis, First Nation and Inuit children (infancy - 6 years) and their parents/caregivers.
- S.H.I.E.L.D- Sexual Health Information Exchange Labrador District
- Community Outreach Worker
- Seniors Program & Seniors van service

- Community Food Bank

Miawpukek First Nation

Location: Conne River, NL

Phone: 1-709-882-2470

Website: <https://www.mfngov.ca/>

Mission: Our mission is to preserve, promote and advance the culture, health, economic, educational and social well-being of our people – including our language, history and spirituality.

Overview: Miawpukek Mi'kamawey Mawi'omi is a First Nation Reserve located at the mouth of the Conne River on the south coast of the island of Newfoundland. Over the years the community has seen a steady growth in Government, Social reforms, Health, Education, Economic Development, Culture and Traditions. We believe that we will “secure our future by investing in our past.”

Newfoundland Aboriginal Women's Network

Location: Stephenville, NL

Phone: 709-643-1290

Email: NAWN@NF.AIBN.COM

Website: <https://nawn-nf.com/>

Mission: The Newfoundland Aboriginal Women's Network will strive to promote, enhance and encourage the health, social, educational, economic cultural, and political, well being of Aboriginal women within the Island portion of Newfoundland and Labrador.

Topics Covered:

- Building for a Stronger Future
- I am Strong “Melkiknay”
- Realigning our Circle: Paving the Way to Resilience
- Remembering Our Sisters Through Community
- Empowering Indigenous Women for Stronger Communities

NunatuKavut Community Council

Location: Happy Valley-Goose Bay, NL

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Email: admin@nunatukavut.ca

Phone: 1 (877) 896-0592 (toll free) or 1 (709) 896-0592

Website: <https://nunatukavut.ca/>

The NunatuKavut Community Council (NCC) is the representative governing body for approximately 6,000 Inuit of south and central Labrador. NunatuKavut means “Our Ancient Land” and refers to our territory.

Topics Covered:

- George Roberts Community Grant Program
- Community Freezer Program
- Infrastructure Program (INCIP)
- IKUPIATSIK: Nunatukavut Inuit Education Action Plan
- Education, Training & Employment Programs
- Home Repair Program
- Medical Transportation Program
- Nunatukavut Wellness Initiative

People of the Dawn Indigenous Friendship Centre

Location: Stephenville NL

Phone: (709)643-3902

Website: <http://pdifc.com/>

<https://www.facebook.com/groups/172997206199462>

Overview: The People of the Dawn Indigenous Friendship Centre (PDIFC) is a non-profit organization that delivers culturally appropriate services to Indigenous people— regardless of status— in urban communities. Every Centre is as unique as the area it serves allowing for programs and services that vary nationally based on need.

The Centre currently provides service and supports developed to assist individuals with challenges related to employment, health, education, justice and housing.

Community cultural gatherings, celebrations, ceremonies, workshops and teachings are also an ongoing and integral part of the Centre’s offerings.

Qalipu First Nation

Location: Corner Brook, NL

Phone: (709) 634-0996

Website: <https://qalipu.ca/>

Mission: Qalipu Mi'kmaq First Nation exists to achieve the advancement of our people.

Overview: Qalipu First Nation is a vibrant Mi'kmaq First Nation established in 2011 as an Indigenous Band under the Indian Act. With a large membership spread across 67 traditional Newfoundland Mi'kmaq communities and abroad, we are one of the largest First Nation groups in Canada.

Topics Covered: Our service offering includes education and training, tourism development, health benefits and services, employment programs, registration assistance, environmental monitoring, culture and heritage and community economic development. Qalipu also conducts a variety of special programs which vary from year to year.

St. John's First Light Native Friendship Centre

Location: St John's, NL

Phone: (709)716-5902

Website: <https://firstlightnl.ca/>

Overview: First Light is a registered non-profit organization that serves the urban Indigenous and non-Indigenous community alike by providing programs and services rooted in the revitalization, strengthening and celebration of Indigenous cultures and languages in the spirit of trust, respect, and friendship.

Topics Covered:

- Centre for Performance & Creativity
- School Aged Cultural Presentations
- Breathe- Breathe provides a safe space for parents to practice self-care while engaging in peer-support. It is open to participants spanning the pre-natal to grandparent stages.
- Baby and me- Available for children ages 0-2, this program promotes childhood growth and development through child-adult bonding as well as interactive activities.
- Parent Child Mother Goose is a group program for parents and young children between the ages of 0-2 to come together weekly.

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- The Community Cupboard- Items in the community cupboard are personal hygiene products/toiletries for infants, children, men, and women. The items in the community cupboard are free for all community members so as to help alleviate financial restraints for individuals or families.
- Cultural Support
- Aboriginal Parent Navigators
- Transportation Services
- Indigenous Cultural Diversity Training