

## PROVINCIAL RESOURCES

### Family Information Liaison Unit, Manitoba Justice Victim Services

**Phone:** 204-945-5456. Winnipeg Region: 204-984-0504.

**Website:** <https://www.gov.mb.ca/justice/vs/pubs/supportvictims.pdf>

Not connected to a particular First Nation

**Mission:** Receiving information about a missing and murdered loved one is an important part of a family's healing journey. Some families have questions about the investigations into individual cases, and the decisions made by government agencies. At times, families may not know where to turn to get answers, may have trouble accessing information, or may not be satisfied with the answers they have received. FILUs help families in these situations

**Overview:** Family Information Liaison Units are a "one-stop information service" for all families of missing and murdered Indigenous women and girls. Families do not need to have participated in the National Inquiry to contact a FILU for assistance.

FILUs work directly with families in a culturally grounded and trauma-informed manner to gather the information they seek from government agencies and address outstanding questions about the loss of their loved ones. FILUs work directly with family members to coordinate information gathering from government agencies and services

**Topics covered:**

- The criminal justice system (police, prosecutions, corrections)
- Social services
- Child protection
- Health services
- Other Family Information Liaison Units across the country

Founded in 2016

### Manitoba Association of Friendship Centres (MAC)

**Location:** Winnipeg, MB

**Email:** [info@friendshipcentres.ca](mailto:info@friendshipcentres.ca)

**Phone:** (204) 942-6299

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**Website:** <https://friendshipcentres.ca/>

**Overview:** MAC unifies the existing Friendship Centre members into one voice to advance issues between partner organizations, and within all levels of government, for the betterment of the populations they serve.

**Topics Covered:**

**Urban Programming for Indigenous People-** The purpose of this program is to help First Nations, Inuit, and Metis make the transition into the urban way of life, through urban centres.

**Parent Child Centres-** This program is for early Child and Parent resources, and support. Bringing together parents, educators, and other community organizations to support the healthy development of children 6-12 years of age.

Founded in 1971

## Non-Insured Health Benefits

Indigenous Services Canada

**Phone:** 1-800-665-8507 or 204-983-4571

Not connected to a particular First Nation

**Mission:** To work towards the development of a coordinated and comprehensive approach to mental health and addiction programming. Mental health counselling coverage is offered in a way that:

**Overview:** The NIHB program's mental health counseling benefit is intended to provide coverage for professional mental health counseling to complement other mental wellness services that may be available to clients or in communities. The provision of this benefit is part of Indigenous Services Canada's commitment

- Recognizes NIHB mental health counselling benefit as a component of a mental wellness continuum that includes other Indigenous Services Canada, community-based and provincial or territorial mental health programming and services
- Supports culturally competent mental health counselling

**Topics covered:**

- Mental Health counselling,
- Prescription medication and equipment

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Founded in 2019

Other information: This is a government-run service

## REGIONAL RESOURCES

### Cree Nation Child and Family Caring Agency

**Location:** Opaskwayak, Manitoba

**Email:** [concerns@creenation.ca](mailto:concerns@creenation.ca)

**Phone:** 204-623-7456

**Website:** <https://creenation.ca>

Represents member first nations of the Swampy Cree Tribal Council: Chemawawin, Marcel Colomb, Mathias Colomb, Misipawistik, Mosakahiken, Sapotaweyak, and Wuski Sipihk.

**Mission:** Our mission is to contribute towards the development of vibrant communities for the well-being of our children and families through service to First Nations that restores family unity and their balance in life. We will always have respect for each individual and work for the preservation of our language, culture and families.

**Overview:** Cree Nation Child and Family Caring Agency provides Child Welfare services for children and families in the City of Winnipeg and surrounding areas as well as children from our Northern Communities that are placed on a short or long term basis for reasons such as treatment centers, medical needs, and specialized/group home placements. The Winnipeg Sub-office works closely with families and children on all AJI-CWI transferred cases. They also work in corroboration with the local staff on developing case plans for children in Winnipeg on short term placements.

**Topics covered:**

- Adoption
- Family Enhancement
- Foster Care
- Respite
- Quality Assurance
- Designated Intake Agency
- Child Protection

Founded in 2019

## Elbert Chartrand Friendship Centre

Affiliated with Manitoba Association of Friendship Centres (north)

**Location:** Swan River, MB

**Email:** [info@elbertchartrandfc.com](mailto:info@elbertchartrandfc.com)

**Phone:** (204) 734-9301

**Website:** <https://elbertchartrandfc.com/>

**Topics Covered:** Youth Programs, ECFC Housing First, ECFC Head Start Programs, Parent Child Programs, Programs for Seniors, Indigenous Languages, Scholarships & Youth Awards, ECFC Arts, Economic Development.

## Flin Flon Indian-Metis Friendship Centre

Affiliated with Manitoba Association of Friendship Centres (north)

**Location:** Flin Flon, MB

**Phone:** (204) 687-3900

**Email:** [ffimfa@mymts.net](mailto:ffimfa@mymts.net)

**Website:** <https://www.facebook.com/flinflonfriendshipcentre/>

**Overview:** Programs and services address health, employment, culture, justice, youth, family, social, community and economic development.

## Ka Ni Kanichihk

**Location:** Winnipeg, MB

**Phone:** (204) 953-5820

**Email:** [admin@kanikanichihk.ca](mailto:admin@kanikanichihk.ca)

**Website:** <https://www.kanikanichihk.ca/>

**Overview:** Ka Ni Kanichihk (pronounced Ga Ni Ganichick) means “those who lead” in the Ininew (Cree). Ka Ni Kanichihk is a trusted heart of Winnipeg’s Indigenous community. Our vision is to lead our people back home to a place where we are self-determining, healthy, happy, and respected for our cultural and spiritual strengths and ways of being. Ka Ni Kanichihk provides education and job-skills training, support for women and families, and mentorship. We walk with people on their path of recovery from trauma.

**Topics covered:**

- Medicine Children’s Lodge (Ka Ni Kanichihk Day Care)

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- The Butterfly Club
- Heart Medicine Lodge
- Honouring Gifts
- The Mushkowzee Ikew Empowerment Project
- Social Innovation/Community Development (SICD)
- The Manitoba Mino Pimatisiwin Model of STBBI Care
- Kistesimaw “My Eldest Brother”
- Youth Hub
- Manitoba Youth Transitional Employment Assistance and Mentorship (MYTEAM)
- “UMatter” Stop Youth Dating Violence Project
- Restoring the Sacred (RTS)
- Medicine Bear Counselling, Support & Elder Services Program
- Velma’s House: 24/7 Safe Space

Founded in 2001

## Lynn Lake Friendship Centre

Affiliated with Manitoba Association of Friendship Centres (north)

**Location:** Lynn Lake, MB

**Phone:** (204) 356-2407

**Email:** [lfcinc@live.ca](mailto:lfcinc@live.ca)

**Website:** <https://www.facebook.com/lynnlakefriendshipcentre/>

## Ma-Mow-We-Tak-Friendship Centre

Affiliated with Manitoba Association of Friendship Centres (north)

**Location:** Thompson, MB

**Phone:** (204) 677-0960

**Website:** <http://www.mamowwetak.com/>

## Manitoba Keewatinowi Okimakanak inc.

**Location:** Thompson, Manitoba

**Phone:** (204)677-1600

**Website:** <https://mkonation.com/advocacy-areas/mmiwg/>

Connected to First Nations who are signatory of treaties 4,5,6, and 10 (Cree)

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**Mission:** To maintain, strengthen, enhance, lobby for and defend the interests and rights of First Nation people within its jurisdiction and to promote, develop and secure a standard quality of life deemed desirable and acceptable by its First Nations without limiting the generality of the foregoing and the objectives of MKO.

**Overview:** The full restoration of First Nations' self-government in Northern Manitoba is envisioned by MKO as a three-part process:

1. the repeal or amendment of The Indian Act and the dismantling of the federal government department of Indian and Northern Affairs;
2. the transfer of federal and joint federal-provincial programs, services, and related funding allocations directly to First Nations in Manitoba; and
3. most importantly, the legal recognition and extension of First Nations' jurisdiction and self-governing authority over our traditional lands.

**Topics covered:**

- Finance
- Administration
- Employment
- Education and Economic Development
- Child Welfare and Women
- Health
- Housing
- Roads
- Transportation and Capital
- Justice
- Land Claims
- Treaty Land Entitlement
- Self-government, Treaty and Bill C-31;
- Natural Resources
- Social Development, Youth and Recreation
- Special Projects
- Advocacy areas:
  - Child welfare secretariat
  - MMIWG
  - Education
  - Housing
  - Policing
  - Thompson Urban Aboriginal Strategy

Founded in 2016

## Riverton & District Friendship Centre

Affiliated with Manitoba Association of Friendship Centres (north)

**Location:** Riverton, MB

**Email:** rdfc@mymts.net

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**Phone:** (204) 378-2800

**Website:** <https://www.rivertonfc.com/>

**Overview:** The Friendship Centre acts as a referral service to anyone wishing to contact officials of the Provincial, Municipal or Federal governments and agencies in such areas as employment assistance, housing, pensions, employment insurance and income tax.

**Topics covered:** RDFC Gym, Bingo, Food Bank, RDFC Youth Centre, Partners For Careers, Parent Child Program, Handicraft Sales, Referral Services, Senior's Activity Centre

## The Pas Friendship Centre

Affiliated with Manitoba Association of Friendship Centres (north)

**Location:** The Pas, MB

**Email:** [reception@thepasfc.ca](mailto:reception@thepasfc.ca)

**Phone:** (204) 627-7500

**Website:** <https://www.thepasfc.ca/>

**Mission:** The Pas Friendship Centre Inc. is committed to providing positive social cultural programs and services while promoting Aboriginal pride and community harmony.

**Topics covered:** Brunch program, Parent- Child Activity Booklet, Parent- Child Project Packs, TPFC Community Food Bank, TPFC Youth Club, Warm Socks Warm soles, New Journeys Program.

## LIST OF INDIGENOUS CHURCHES

Garden Hill Evangelical Fellowship

Garden Hill, MB

(Church from Native Evangelical Fellowship of Canada website – could not find further info)

Gods Lake Narrows

Waashaak Gospel Church

General Delivery, HG34+C9 Gods Lake Narrows, R0B 0M0  
204 335 2062

Nelson House

Nisichawayasihk Bible church, nelson house

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(Church from Native Evangelical Fellowship of Canada website – could not find further info)

Norway House

Norway Hous Bible Chapel

(Church from Native Evangelical Fellowship of Canada website – could not find further info)

Oxford House

Niiyak Bible Chapel

(Church from Native Evangelical Fellowship of Canada website – could not find further info)

The Pas

Riverside Bible Church

14 Bradburn St

<http://riversidebiblechurch.ca/>

Senior Pastor...Dennis Anderson 204-623-2394

Assistant Pastor...Peter Eric Constant 204-623-3725

The following churches are part of the Anglican Church of Northern Manitoba

<https://mishamikoweesh.ca/churches>

Rt. Rev. Mark MacDonald

[macdonald@national.anglican.ca](mailto:macdonald@national.anglican.ca)

(416) 924-9192 ext. 625

Bird

St. Luke

Box 752 Gillam MB

R0B 0L0

204-486-2463 (band phone)

Rev. Elizabeth Beardy (Retired)

Gillam

St. Andrew

Box 267 Gillam MB

R0B 0L0

Norway House

St. Mark



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Box 388 Norway House MB  
R0B 1B0  
204-359-6887 (phone & fax)  
Rev. Lawrence Apetagon (Priest-in-Charge)

Pikwitonei  
St. Mark  
Pikwitonei MB  
R0B 1E0

Sagkeeng  
Christ Church  
Box 127 Sagkeeng MB  
R0E 0P0  
204-367-8226  
Rev. Nancy Bruyere/ Rev. Richard Bruyere

Little Black River  
St. George  
Rev. Ernest McPherson

Shamattawa  
St. John  
Shamattawa MB  
R0B 1K0  
204-565-2662  
Rev. Mary Anne Miles

Tadoule Lake St. Paul  
Tadoule Lake MB R0B 2C0  
Rev. Martha Spence

Tataskweyak  
St. John the Baptist  
Tataskweyak MB  
R0B 1P0  
204-342-2106  
Ven. Larry Beardy  
Ven. Kenneth Kitchkeesik (Priest-in-Charge)

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York Landing

St. John

York Landing MB

ROB 2B0

204-341-2060 (Obediah)

Nancy Williams (Lay Reader-in-Charge)