

PROVINCIAL RESOURCES:

Ontario Federation of Indigenous Friendship Centres

Location: Ontario

Email: ofifc@ofifc.org

Phone: Toronto - 416-956-7575 / 1-800-772-9291

Website: <https://ofifc.org/>

Not connected to a particular First Nation

Overview: The Friendship Centre Movement (FCM) is the country's most significant urban Indigenous service delivery infrastructure. Friendship Centres are not-for-profit and charity corporations that are mandated to serve the needs of urban Indigenous people by providing culturally appropriate services in urban communities. Friendship Centres are governed by a volunteer Board of Directors consisting of elected members. They are membership driven organizations in urban communities that serve all urban Indigenous people, regardless of status.

Topics covered: Program Development, Children & Youth, Education & Employment, Ending Violence, Health & Wellness, Homelessness & Housing, Justice, Urban Programming for Indigenous People

Founded in 1971.

Ontario Native Women's Association (ONWA)

Location: Ontario

Phone: 1-800-667-0816

Website: <https://www.onwa.ca>

Not connected to a particular First Nation

Mission: ONWA's guiding principle is that all Indigenous ancestry will be treated with dignity, respect and equality; benefits and services will be extended to all, no matter where one lives and regardless of Tribal heritage.

Overview: ONWA supports all Indigenous women and their families in the province of Ontario through research, advocacy, policy development and programs that focus on local, regional and provincial activities. ONWA is committed to providing services that

strengthen communities and guarantee the preservation of Indigenous culture, identity, art, language and heritage. Ending violence against Indigenous women and their families and ensuring equal access to justice, education, health services, environmental stewardship and economic development, sit at the cornerstone of the organization. ONWA celebrates and honours the safety and healing of Indigenous Women and Girls as they take up their leadership roles in the family, community and internationally for generations to come.

Topics covered:

- Breaking Free from Family Violence
- Missing & Murdered Indigenous Women & girls
- Indigenous Anti-Human Trafficking
- Education
- Variety of Cultural Teaching

Founded in 1971

Other information: Ontario Native Women's Association (ONWA) provides its services through The Native Women's Resource Centre of Toronto (NWRCT) in Toronto. The website is filled with lots of educational information, magazine subscription, and local chapter site information.

Talk4Healing

Location: Ontario

Phone | 1-855-554-4325

Website: <https://www.talk4healing.com>

Not connected to a particular First Nation

Mission: A pathway to healing, acceptance and support.

Overview: Talk4Healing is a culturally grounded, fully confidential helpline for Indigenous women available in 14 languages all across Ontario.

Topics covered:

- Culturally sensitive crisis counselling, advice and support
- Personalized information and referrals
- Acceptance of Aboriginal women's issues in a non-judgmental way
- Help to find the path to personal healing
- Scheduled telephone counselling sessions

REGIONAL RESOURCES

Atikokan Native Friendship Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Atikokan, ON

Email: nativefriend@bellnet.ca

Website: <https://ofifc.org/friendship-centre/atikokan-native-friendship-centre/>

Phone: 807-597-1213

Programs:

- Akwe:go
- Healing and wellness
- Healthy Living Program
- Life Long Care Program
- Urban Programming for Indigenous People
- Wasa-Nabin
- Indigenous Courtwork Program
- Akwe:go Wasa-Nabin Student Nutrition Program
- Indigenous Friendship Centre Program

Founded: 1983

Dryden Native Friendship Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Dryden, ON

Website: <https://www.dnfconline.org/about-us>

Phone: Cheryl Edwards, Executive Director 1 (888) 838-3632

First Nation: Ojibway Wabigoon First Nation

Mission: The vision of the Friendship Centre movement is to improve the quality of life for Indigenous people living in an urban environment by supporting self-determined activities which encourage equal access to and participation in Canadian society and which respect Indigenous cultural distinctiveness.

Overview: Many community outreach programs including a Cultural Resources Coordinator program which works to provide access to culture and culture-based

programs and services to urban Indigenous children, youth and families in order to foster a strong sense of well-being and positive Indigenous identity.

Programs:

- Facilitate talking, teaching and healing circles, and providing service and supports for Indigenous children, youth and families
- Provide direct traditional-based counselling
- Provide access to traditional healing and ceremonies
- Acquire, maintain and care for education tools and resources such as language resources, history books, art and traditional and sacred items
- Deliver traditional medicines' education through teachings, use, caring for, storage, medicine bags, and growing and picking
- Deliver traditional food education through teachings on health benefits, harvesting, growing, preparing and storing
- Promotion of language restoration
- Transmission of cultural knowledge
- To foster connections of cultural knowledge and ways of being, both within the Dryden Native Friendship Centre and with broader community by promoting reconciliation

Founded: 1984

Kenora Wellness

Affiliated: Ontario Native Women's Association

Location: Kenora, ON

Email: Darci Everson - Community Wellness Worker deverson@onwa.ca

Website: <https://www.onwa.ca/kenora-services>

Phone: 1-800-667-0816 Ext 8202

Mission: At the Ontario Native Women's Association (ONWA), we celebrate and honour the safety and healing of Indigenous Women and Girls as they take up their leadership roles in the family, community and internationally for generations to come.

Overview: Indigenous women are the center of our community, the heart of our families and the strength of our beliefs. Against a backdrop of violence, poverty, injustice, and systemic racism, Indigenous women needed their voices, their wisdom, and knowledge to be heard. Founded in 1971, ONWA exists to support and empower

Indigenous women to be heard. Our role in the community is to provide vital support and programs for Indigenous women and their families.

Programs:

- Missing and Murder Indigenous Women's Family Support
- Indigenous victim & family support liaison
- Mental health and wellness
- Breaking free from violence
- Community wellness
- Indigenous healthy babies, healthy children

Founded: 1971

NAHNAHDA-WEE-EE-WAYWIN Sioux Lookout Sexual Assault & Counselling Centre

Location: Sioux Lookout, ON

Phone: 1-807-737-4848

Website: <http://www.fsws.ca/slsac>

Mission: NAHNAHDA-WEE-EE-WAYWIN Sioux Lookout Sexual Assault and Counselling Centre provides a community safe-place where victims of sexual assault and or abuse can access supportive services in an environment that has been developed specifically for this reason. Victims of sexual assault and or abuse who access services are supported in a way that is specifically designed for their needs: having been developed according to evidence informed practices, respecting their privacy and dignity, while ensuring that they are not re-traumatized by the system itself.

Overview: Counselling, crisis intervention, advocacy and public education about sexual assault and human trafficking.

Programs:

- What is human trafficking
- Knowing the signs
- Myths about human trafficking
- Who is at risk
- How do I get help

Ne Chee Friendship Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Kenora, ON

Email: reception@nechee.org

Website: <https://www.nechee.org>

Phone: 807-468-5440

Mission: NFC will create a safe and considerate working environment. NFC will encourage originality, innovation and promote enthusiasm in meeting the requirements of our visitors, clients, etc. NFC will create a distinctive and progressive culture. NFC will make positive contributions in which we operate and strive to become a model citizen.

Overview: To improve the quality of life for Indigenous People living in an urban environment by supporting self-determined activities which encourage equal access to and participation in Canadian society and which respects Aboriginal cultural distinctiveness.

Programs:

- Recreation
- Support / Information Referral

Nishnawbe-Gamik Friendship Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Sioux Lookout, ON

Website: <http://www.ngfc.net>

Phone: Jennifer Thomas, Executive Director 1-800-619-9519, Ext 230

First Nation: Ojibway First Nation

Mission: To provide a meeting and sharing place, a center for people of Aboriginal ancestry and others where they can feel at ease in a friendly atmosphere, develop mutual understanding and appreciate and discuss common concerns; to provide a communication center for the exchange of ideas, information and opinions; and to provide a center for recreational and educational activities and programs for the advancement of native language and culture for visitors and residents of Sioux Lookout.

Overview: The Friendship Centre provides a meeting place and a friendly atmosphere for socializing or discussion. People can find information about the community, the

programs and services that are available in the Friendship Centre as well as information on other programs and services provided by other agencies in Sioux Lookout. The Centre offers a wide range of services that are geared for all ages from infancy to elders.

Other Information: This center participated in the Sister in Spirit Vigil to honour missing and murdered Indigenous women, girls and gender-diverse people.

Red Lake Indian Friendship Centre

Affiliated: Ontario Federation of Indigenous Friendship Centres

Location: Red Lake, ON

Email: friends@rlifc.ca

Website: rlifc.ca

Phone: 807-727-2847

Mission: To ensure that a community directed organization is working to improve the quality of life for Red Lake's First Peoples and their descendants by promoting traditional values such as unity, sharing, respect, honesty, caring and spirituality through social, recreational, and cultural activities.

Programs:

- Education to Employment
- Children & Youth
- Family
- Healing
- Health
- Justice

Founded: 1964

Sunset Women's Aboriginal Circle

Location: Sioux Lookout, ON

Email: Kimberly Murphy, Health Outreach Worker |

kimm@sunsetwomensaboriginalcircle.ca

Phone: 1-807-737-7922 Ext 1

Website: <https://www.northwesthealthline.ca/displayService.aspx?id=206695>

Mission: A family-centred organization that delivers culturally appropriate supports and programs based on traditional and modern teachings for Indigenous women and their families.

Overview: Works to empower and support Indigenous women and their families, especially during pregnancy and the first year with the new baby

Programs:

- Advocacy when dealing with child welfare agencies
- Domestic violence
- Health and wellness
- Mental health
- Pregnancy, childbirth, and infant care
- Parenting
- Traditional teachings and celebrations
- Breastfeeding support and home pregnancy tests
- Clothing for baby and maternity clothes (gently used)
- Diapers and wipes
- Emergency help with food vouchers
- Material and equipment loans
- Ride passes
- Teen pregnancy support

List of Indigenous Churches

Thomas Harper Memorial Pentecostal

Location: Sandy Lake, ON

Pastor: Allan Rae

Phone: 807-774-1086 C: 807-464-3069

Whitefish Bay Church

Location: Whitefish Bay, ON

Pastor: Pam Capay

Pastor's Phone: H: 807-582-0391 O:807-582-3804

Email: pamelacapay33@gmail.com

KENORA / DRYDEN, ONTARIO RESOURCE GUIDE

MMIWG2S/ MAY 2022

Harvest Time Church

Location: North Spirit Lake, ON

Pastor: Charlotte Rae

Pastor's Phone: H: 807-776-0184

New Life Assembly

Affiliated: Pentecostal Assemblies of Canada

Location: Sioux Lookout, ON

Pastor: Mark Barrett

Pastor's Phone: H: 807-737-7080 C: 807-737-6656

Email: pastormark@thenewlife.ca

Website: <https://www.thenewlife.ca>

Emmanuel Pentecostal Church

Location: Sachigo Lake, ON

Pastor: Rodney Martin

Pastor's Phone: 807-595-1375

Email: martinrodney37@hotmail.com

Weagamow Evangelical Fellowship

Location: Weagamow Lake, ON

St. Peter

Location: Bearskin Lake, ON

Rev. Mary Ann Beardy (Priest-in-Charge)

Phone: 807-363-1131

St. John the Divine

Location: Big Trout Lake, ON

Phone: 807-737-5673

St. John

Location: Mishkeegogamang, ON

James Bottle (band office)

Phone: 807-928-2153