

## PROVINCIAL RESOURCES

### Aboriginal Friendship Centres of Saskatchewan (AFCS)

**Location:** Saskatoon, Saskatchewan

**Email:** admin@afcs.ca

**Phone:** 306-955-0762

**Website:** <https://afcs.ca/>

Not connected to a particular First Nation

**Mission:** The mission of the AFCS is to promote, advocate for and represent Member Friendship Centre's at the Provincial and National levels, as directed by the Centre's while respecting their autonomy, by sharing expertise, resources and exchanging ideas that will provide a forum to assist our Centre's to carry out their mandate. To maintain this by respecting our Elders, helping Aboriginal peoples through friendship, harmony, quality service, cultural integrity, and cultural awareness and sharing.

**Overview:** AFCS helps the Saskatchewan Centres by sharing expertise, resources and exchanging ideas that will provide a forum to assist the Centre's to carry out their mandate.

**Topics covered:** health, social, education, employment and training, youth, women's issues, justice and nationhood.

## REGIONAL RESOURCES

### Hope Restored Canada

**Location:** Saskatoon, Saskatchewan

**Phone:** (306-371-4603(HOPE), Program (306)954-0030

**Email:** info@hoperestoredcanada.org

**Website:** <https://www.hoperestoredcanada.org/>

Not connected to a particular First Nation

**Mission:** To eradicate sexual Exploitation & trafficking through: Holistic restoration, Outreach, Partnership, and Education

**Overview:** Hope Restored is a 8 bed safe house in Saskatoon for women and girls wanting to exit the sex trade. Our house provides support, hope and most importantly a safe place to go. In one just year the program has a graduate who is leaving to further her education. The remaining women are working hard to recover from their years of exploitation, through individual and group counselling.

**Topics covered:**

- Safe Housing
- Multi-faceted educational and trauma- informed healing programs
- Day programs
- One on one counselling
- Skill building programs for nutrition, hygiene, home maintenance, parenting, community living and more.

Founded in 2017

## First Nation & Metis Health service

Saskatchewan Health Authority

**Location:** Saskatoon, Saskatchewan

**Phone:** St. Paul's Hospital phone: 306-655-0518/ Royal University Hospital phone: 306-655-0166

**Website:** <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/indigenous-health/first-nations-and-metis-health-services>

First Nations: both Cree and Dene

**Mission:** To provide an integrated and culturally respectful approach to care for First Nations and Métis people coming into Saskatoon Health Region for treatment and other services; to better serve First Nations and Métis people in the care of Saskatoon Health Region

**Topics Covered:** We offer...

- Coordination & Liaison: We provide links to health supports and help coordinate transportation, accommodation, meals, and other issues that arise during admitting and discharge.
- Elders: We provide links to traditional supports such as ceremonies and guidance.

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- **Facilitation:** We can help navigate the health system to support patient and families to better understand their conditions, medical procedures and care needs.
- **Interpretation & Translation:** We can help explain the medical issues in Cree, Saulteaux and Dené so patients are better informed and are better able to participate in the decision-making process.
- **Advocacy:** We can help staff and clients better understand complex issues related to patient Care. We promote culturally competent staff and services and can address issues when they occur. We offer a Voice for those who may need assistance.

Founded in 2015

## Saskatoon Indian & Métis Friendship Centre (SIMFC)

**Location:** Saskatoon, SK

**Email:** reception\_simfc@shaw.ca

**Phone:** 306-244-0174

**Website:** <https://www.simfc.ca/>

Not connected to a particular First Nation

**Overview:** The Saskatoon Indian and Métis Friendship Centre (SIMFC) is a non-political, autonomous and a non-profit organization that was incorporated in 1968. It is a part of the Friendship Centre Movement which is representative of 120 Friendship Centres across Canada that serve the Indigenous people living in urban environments. For more than 50 years, the SIMFC has met the unique needs of Saskatoon's Indigenous community by supporting First Nations and Métis cultural distinctiveness, Its variety of programming has included sports, festivals, and cultural activities, along with important services that holistically meet the needs of families and individuals alike.

**Topics covered:** Food Security, Youth Services, Youth Works, Family Support, Interpersonal Violence Support, Youth and Adult Therapy Programs,

Founded in 1968

## LIST OF INDIGENOUS CHURCHES

Moosomin

Moosomin Native Fellowship

Saskatchewan SOM OLO

<https://www.facebook.com/groups/254582564734609>

Moosomin First Nations

St. Charles

Unnamed Road, Cochin, SK SOM OLO

(306) 397-2848