

PROVINCIAL RESOURCES

Family Information Liaison Unit, Manitoba Justice Victim Services

Phone: 204-945-5456. Winnipeg Region: 204-984-0504.

Website: <https://www.gov.mb.ca/justice/vs/pubs/supportvictims.pdf>

Not connected to a particular First Nation

Mission: Receiving information about a missing and murdered loved one is an important part of a family's healing journey. Some families have questions about the investigations into individual cases, and the decisions made by government agencies. At times, families may not know where to turn to get answers, may have trouble accessing information, or may not be satisfied with the answers they have received. FILUs help families in these situations

Overview: Family Information Liaison Units are a "one-stop information service" for all families of missing and murdered Indigenous women and girls. Families do not need to have participated in the National Inquiry to contact a FILU for assistance.

FILUs work directly with families in a culturally grounded and trauma-informed manner to gather the information they seek from government agencies and address outstanding questions about the loss of their loved ones. FILUs work directly with family members to coordinate information gathering from government agencies and services

Topics covered:

- The criminal justice system (police, prosecutions, corrections)
- Social services
- Child protection
- Health services
- Other Family Information Liaison Units across the country

Founded in 2016

Manitoba Association of Friendship Centres (MAC)

Location: Winnipeg, MB

Email: info@friendshipcentres.ca

SOUTHERN MANITOBA RESOURCE GUIDE

MMIWG2S/ MAY 2022

Phone: (204) 942-6299

Website: <https://friendshipcentres.ca/>

Overview: MAC unifies the existing Friendship Centre members into one voice to advance issues between partner organizations, and within all levels of government, for the betterment of the populations they serve.

Topics Covered:

Urban Programming for Indigenous People- The purpose of this program is to help First Nations, Inuit, and Metis make the transition into the urban way of life, through urban centres.

Parent Child Centres- This program is for early Child and Parent resources, and support. Bringing together parents, educators, and other community organizations to support the healthy development of children 6-12 years of age.

Founded in 1971

Non-Insured Health Benefits

Indigenous Services Canada

Phone: 1-800-665-8507 or 204-983-4571

Not connected to a particular First Nation

Mission: To work towards the development of a coordinated and comprehensive approach to mental health and addiction programming. Mental health counselling coverage is offered in a way that:

Overview: The NIHB program's mental health counseling benefit is intended to provide coverage for professional mental health counseling to complement other mental wellness services that may be available to clients or in communities. The provision of this benefit is part of Indigenous Services Canada's commitment

- Recognizes NIHB mental health counselling benefit as a component of a mental wellness continuum that includes other Indigenous Services Canada, community-based and provincial or territorial mental health programming and services
- Supports culturally competent mental health counselling

Topics covered:

- Mental Health counselling,
- Prescription medication and equipment

Founded in 2019

Other information: This is a government-run service

REGIONAL RESOURCES

Ka Ni Kanichihk

Location: Winnipeg, MB

Phone: (204) 953-5820

Email: admin@kanikanichihk.ca

Website: <https://www.kanikanichihk.ca/>

Overview: Ka Ni Kanichihk (pronounced Ga Ni Ganichick) means “those who lead” in the Ininew (Cree). Ka Ni Kanichihk is a trusted heart of Winnipeg’s Indigenous community. Our vision is to lead our people back home to a place where we are self-determining, healthy, happy, and respected for our cultural and spiritual strengths and ways of being. Ka Ni Kanichihk provides education and job-skills training, support for women and families, and mentorship. We walk with people on their path of recovery from trauma.

Topics covered:

- Medicine Children’s Lodge (Ka Ni Kanichihk Day Care)
- The Butterfly Club
- Heart Medicine Lodge
- Honouring Gifts
- The Mushkowzee Ikew Empowerment Project
- Social Innovation/Community Development (SICD)
- The Manitoba Mino Pimatisiwin Model of STBBI Care
- Kistesimaw “My Eldest Brother”
- Youth Hub
- Manitoba Youth Transitional Employment Assistance and Mentorship (MYTEAM)
- “UMatter” Stop Youth Dating Violence Project
- Restoring the Sacred (RTS)

SOUTHERN MANITOBA RESOURCE GUIDE

MMIWG2S/ MAY 2022

- Medicine Bear Counselling, Support & Elder Services Program
- Velma's House: 24/7 Safe Space

Founded in 2001

Portage Friendship Centre

Affiliated with Manitoba Association of Friendship Centres

Location: Portage la Prairie, MB

Phone: (204) 239-6333

Email: Shirley Bernard, Executive Director: sa_bernard@ptgfc.org

Website: <https://ptgfc.weebly.com/>

Mission: The Portage la Prairie Friendship Centre Inc. is a non profit organization committed to becoming self-sufficient and to continuing cultural, spiritual and educational programming thereby promoting the physical, mental, emotional and spiritual well being of Urban Aboriginal people.

Topics Covered:

- Parent Child Program
- Insight Mentoring Program
- Eagles Fire Youth Centre
- Portage Aboriginal Housing

Pembina Valley Dress Project

Location: Morden, MB

Email: permbinavalleyredress@gmail.com

Website: <https://www.facebook.com/groups/207760300915389/>

The REDress project is a public art installation created by Winnipeg artist Jaimie Black that seeks to honour victims and bring attention to the issue of Missing and Murdered Indigenous Women and Girls and 2 Spirited (MMIWG2S). We, along with many other Canadians, have been deeply moved by this project and the importance of recognizing this ongoing issue that touches both our nation and local communities right here in the Pembina Valley.