

E – Transfer Instructions

1. Log into your online or mobile banking app and select the account you would like to send money from.
2. Choose or add Defend Dignity Canada's email: accounts@defenddignity.ca
3. Defend Dignity Canada has Interac e-Transfer Autodeposit, so you do not need a security question.
4. Kindly DO NOT attach a password to the transfer. We will not be able to receive the funds if a password is attached.
5. Add a note on the purpose of the funds.
6. Make sure to push send!